

# Dress Code policy

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**Version:** 2.0

## 1. Introduction

This policy sets out the Consortium's dress code for the ORE Part 2 exam, treating the exam as a real clinical experience.

### 1.1 Key Aspects

- Dress should be presentable and appropriate for a professional clinical role.
- No uniforms or white coats provided, except plastic aprons in certain stations.
- Religious/cultural dress is respected, provided it aligns with safe care.
- Compliance with cross-infection control is mandatory: arms must be bare below the elbows.
- Non-compliance may result in exclusion from the exam.

### 1.2 Purpose

The dress code aims to:

- Present a professional image
- Minimize infection risk
- Prevent injury
- Address health and safety
- Enable effective performance
- Ensure clear communication

The Consortium values diversity and will sensitively address cultural, religious, or disability-related dress needs, prioritizing health, safety, and infection control.

## 2. Requirements

### 2.1 General Requirements



- Clothing must be clean and presentable.
- Minimal jewelry: necklaces covered, no ties unless under an apron, no wrist watches during simulated treatment, bracelets only if religious and compatible with gloves.
- Head scarves for religious purposes must be secured.
- Hair neat, tidy, off the face and collar; long hair tied back.
- Facial coverings must be removed during the exam.
- No nail varnish or false nails; nails must be short.
- Footwear: flat or small heeled, enclosed toes.

## 2.2 Specific Requirements

- Use common sense and adhere to the spirit of the code.
- For simulated patient contact: sleeves rolled up or short sleeves, wrist watches removed, ties only under aprons, scarves secured, long hair tied back.
- Arms must be bare below the elbows for hand hygiene.

## 2.3 Protective Clothing

- DM component: gloves, masks, eye protection provided (candidates may bring their own eye protection/loupes), plastic aprons provided.
- No white coats provided; candidates may bring their own.
- OCSE stations: plastic aprons provided.
- DTP and ME components: no protective clothing required, but professional attire expected.

## 2.4 Examples of Unacceptable Clothing

- Denim jeans/skirts, track suits, casual sports T-shirts, leisure shorts, combat trousers, sweatshirts, baseball caps/hats
- Overly tight/revealing clothes, mini-skirts, midriff tops, leggings
- Skirts touching the ground
- Clothing with inappropriate slogans

## 2.5 Footwear

- Must be safe, sensible, smart, clean; flat or small heeled, enclosed toes preferred.
- Trainers, stiletto heels, plastic flip-flops not acceptable.

## 2.6 Jewellery

- Minimal jewellery; wrist watches not allowed during simulated treatment; necklaces covered.

## 2.7 Hair, Face Coverings, Scarves, Nails

- Hair neat, tidy, off face/collar; headscarves allowed for religious purposes.
- Beards short/neatly trimmed unless religious, then tidy.
- Head scarves allowed, shoulder length, unadorned, not draping freely.
- Facial coverings must be removed in the exam.
- No nail varnish/false nails; nails short.

## 2.8 Religious/Cultural Allowances

- Muslim females encouraged to wear  $\frac{3}{4}$  length sleeves for religious and infection control reasons.
- Turbans, kippots, headscarves allowed for religious reasons; scarves should be shoulder length, unadorned, not draping freely during clinical treatment.